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**NUS WINDSURFING**  
**INTERNAL RACE 2011**  
**SAILING INSTRUCTIONS**

**1. Rules**

Races of all classes shall be governed by the Racing Rules of Sailing 2005-2008 issued by the ISAF, including the Appendices except where amended by the Notice of Race and this Sailing Instructions.

**2. Entries**

Sailors may enter by completing registration before the race and with the appropriate race fee as prescribed in the race notice.

**3. Indemnity**

All participants taking part in this event do so at their own risk and responsibility. The organizing party, NUS Windsurfing Club, NUS and the staff at PA Water-Venture will not be liable for any material damage, personal injury or loss of life in conjunction with, or prior to, during or after the event.

**4. Equipment**

All club-board competitors are to use the club-boards provided by PA Water-Venture with 6m<sup>2</sup> Mixed Open fleet using 6m<sup>2</sup> sails, 5m<sup>2</sup> Mixed Open fleet using 5m<sup>2</sup> sails, 4m<sup>2</sup> Men's Open fleet and 4m<sup>2</sup> Ladies Open fleet using 4m<sup>2</sup> sails. The use of harness is not allowed for participants.

**All participants shall carry a unique identification number as sail number on their sail.**

**5. Notices to competitors**

5.1 Notices to competitors will be posted on the official race notice board.

**5.2 All participants shall don a personal floatation device (life vest)**

**5.3 All participants shall sign in before the start of race and sign out after the last race of the day. Failure to comply with 5.2 & 5.3 shall result in disqualification.**



## **6. Changes in Sailing Instructions**

Any changes in sailing instructions will be posted at least 40 minutes before the start of each race on the official race notice board

## **7. Schedule**

23 <sup>rd</sup> December (Friday)	0930-1030	Registration & allocation of equipment
	1030	Skippers' Briefing
	1100	Earliest Start of Race
	1600	Last Start of Race
	1730	Prize presentation ceremony

All races will be sailed back-to-back for all categories unless informed by the OD at the finishing line.

## **8. Racing Area**

The racing area will be in the waters off PA Water-Venture (East Coast).

## **9. Course**

**The course for 6m<sup>2</sup> and 5m<sup>2</sup> Mixed Open category will be a sausage-triangle course while that for 4.0m<sup>2</sup> Ladies' and 4.0m<sup>2</sup> Men's Open will be a triangle course as shown in the appendix point 18.**

## **10. Shortening of Course**

If the S flag is raised before or with the warning signal, sailors shall sail the short course as shown in the appendix point 18. If the S flag is raised at any rounding mark during the race, sailors shall finish between that mark and the boat flying the flag.

## **11. Starting**

Races will be started by using Rule 26 with the warning signal given 5 minutes before the starting signal. The starting line will be between the flag mast on the race committee boat and a yellow starting mark.

### **Class Flags:**

**All Classes:     W Flag**



## **12. Other signals**

Answering Pennant

The "AP" flag will be flown on a flag pole on shore. When it is lowered and accompanied by a sound signal, the next race will be started in 20 minutes. All sailors will be required to proceed to the start line immediately.

## **13. Recalls**

Individual recalls and general recalls and re-starts will be made in accordance with Rule 29.

## **14. The Finish**

The finish line will be between the mast of the committee boat and a black finishing mark.

## **15. Time Limit**

The time limit will be 40 minutes for the leading board. Sailors finishing more than 20 minutes after the leading board will be scored "Did Not Finish" (DNF)

## **16. Protests**

The OD must be informed of the protest at the end of that particular race before lodging a written protest on shore. Protest forms are available at the race office, and must be lodged there within 45 minutes of the last board's finish. A fee of \$10 must accompany each protest.

## **17. Scoring**

The ISAF Appendix "A" Low Point Scoring System will apply.

**1 race is to be completed to constitute a regatta.** If 4 or more races are conducted, 1 discard is allowed.

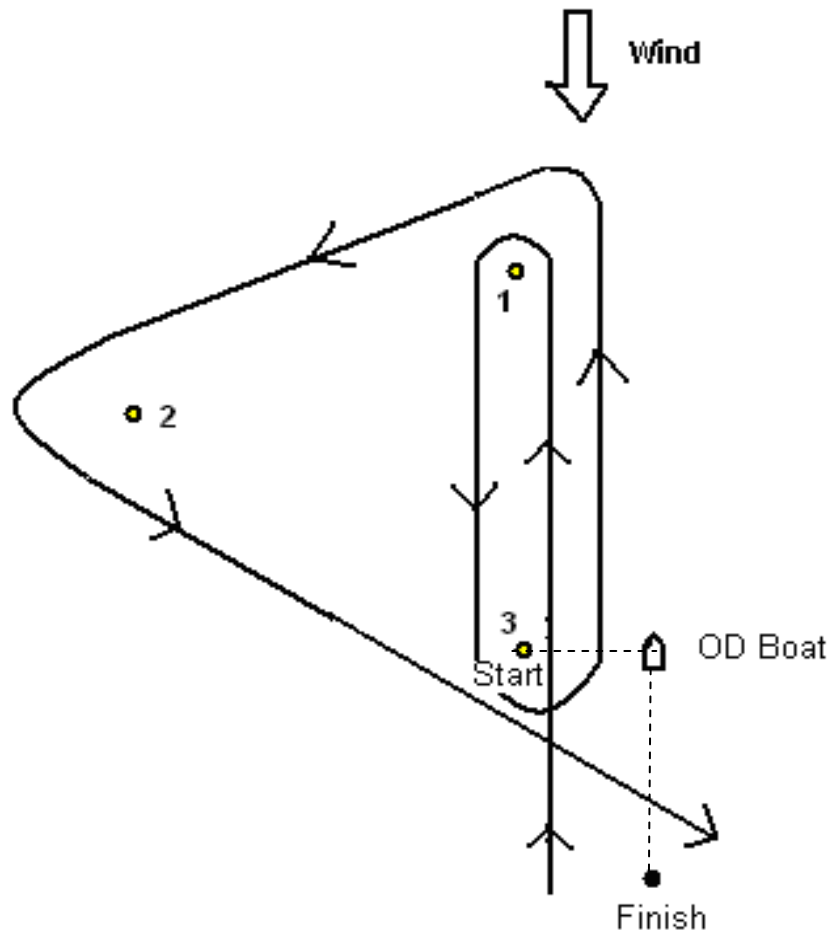
**There are no limits to the number of races held.**



**18. Appendix**

**6m<sup>2</sup> Mixed Open & 5m<sup>2</sup> Mixed Open:**

Start → 1 → 3 → 1 → 2 → 3 → Finish





**4.0m<sup>2</sup> Ladies' and 4.0m<sup>2</sup> Men's Open (Shortened Course):**

Start → 1 → 2 → 3 → Finish

